



Sports Boat and Day Boat Safety Regulations 2019

Boats shall comply with the following regulations, but if class rules provide a higher standard then class rules apply. Spot checks may be made on compliance.

1. **Buoyancy:** Boats shall either be self-righting from 90 degrees or have enough reserve buoyancy to support boat and crew for at least 30 minutes after a capsize.
2. **Bailing/pumping:** Boats shall be equipped with suitable means for bailing or pumping.
3. **Flares:** Boats shall carry in a waterproof pack at least either (a) two orange smoke flares or (b) one LED waterproof flare.
4. **Personal Flotation Devices (PFDs):** When they are required to be worn, PFDs shall be clearly visible to other boats.
All crew on boats without lifelines must wear an adequate PFD at least sufficient to comply with RRS 40 at all times when racing and any display or removal of Flag "Y" will be irrelevant to them. This changes RRS 40 and Race Signals.
5. **Fire Extinguisher:** Boats carrying engine or cooking fuel shall carry a fire extinguisher and a stout bucket of 9 litres minimum capacity attached to a lanyard.
6. **Man Overboard:** Boats shall carry a rescue quoit or throw bag with at least 15m of floating line and at least one lifebuoy or life sling.
7. **Safety knife:** Boats shall carry a strong, sharp knife, sheathed and securely restrained, readily accessible from the deck or a cockpit.
8. **First Aid:** Boats shall carry a waterproof first aid pack with instructions.
9. **Anchor:** Boats shall carry a suitable anchor and sufficient warp to hold the boat in 15m depth of water in the expected racing conditions.
10. **Compass:** Boats shall carry a suitable compass – handheld acceptable.
11. **Equipment:** All safety equipment shall be of a suitable size and type for the boat and all equipment, fittings and engines shall be securely fastened.